



TOPSoccer Coaching Without Tears

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US YOUTH SOCCER WORKSHOP
AT THE NSCAA CONVENTION



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TOPSoccer Lecture Objectives

- Interactive and Classroom Participation
- Group Participation
- We will discuss
 - ✓ Coach and Buddy
 - ✓ Coaching and Expectations
 - ✓ Handling various situations
 - ✓ Share Ideas and Experiences



Coaching TOPSoccer

- Possible fears of new Coaches and Buddies
 - ✓ Knowing what to expect
 - ✓ Knowing what to do
 - ✓ Saying something wrong
 - ✓ Afraid to try something new
 - ✓ Understanding the disabilities
 - ✓ Having the time and commitment



TOPSoccer Coach and Buddy

- TOPSoccer Coach and Buddy Qualities
 - ✓ Positive attitude
 - ✓ Provide positive experiences
 - ✓ Familiarization on various disabilities
 - ✓ Motivate and Enthusiastically providing positive reinforcement
 - ✓ Teaches and enforces good sportsmanship
 - ✓ Early to set up and greet athletes on arrival



Who are we Coaching

- Wide Spectrum of Disabilities
 - ✓ Autism
 - ✓ Down Syndrome
 - ✓ Attention Deficit Disorder
 - ✓ Behavior Disorders
 - ✓ Cerebral Palsy



Who are we Coaching

- Wide Spectrum of Disabilities
 - ✓ Hearing Impaired
 - ✓ Cognitive Development
 - ✓ Down Syndrome
 - ✓ Visually Impaired
 - ✓ Wheelchair or Walker Users

Coaching Expectations

Undesired Behaviors of Athletes

- ✓ Bullying
- ✓ Teasing
- ✓ Name Calling
- ✓ Profanity
- ✓ Physically Aggressive
- ✓ Doesn't Follow Directions
- ✓ Argumentative
- ✓ Unmotivated
- ✓ Cliquish
- ✓ Poor Sport

Coaching Expectations

Desired Behaviors of Athletes

- ✓ Empathetic
- ✓ Cooperative
- ✓ Sportsmanlike
- ✓ Sharing
- ✓ Focused
- ✓ On Task
- ✓ Friendly
- ✓ Polite
- ✓ Attentive
- ✓ Motivated
- ✓ Eager
- ✓ Competitive
- ✓ Helpful

Scenario #1

- Athlete is a runner and no one is able to catch him.



Scenario #2

- Athlete who is physically and verbally aggressive and you are aware of this.

Scenario #3

- A female athlete who is overly affectionate.

Scenario #4

- Athlete decides to sit in middle of field and refuses to move thus posing danger to self and others.

Scenario #5

- Athlete grabs a private part of coach or buddy.

Scenario #6

- An athlete is having a melt down and screams continuous.

Scenario #7

- An athlete who is unmotivated and refuses to follow direction.

Coaching Tools for Success

The following will be helpful

- ✓ Reward System
- ✓ Reduced Stimuli
- ✓ One on One Coaching
- ✓ Peer Coaching
- ✓ Visual Schedule
- ✓ One Step Direction
- ✓ Mirror Play
- ✓ Verbal Prompts
- ✓ Hand over Hand Assistance
- ✓ Sign Language



Coaching Tools for Success

Teaching Aids

- ✓ Wii
- ✓ IPAD
- ✓ Sensory Balls
- ✓ Balloons
- ✓ Music
- ✓ Picture Cards (PEC)
- ✓ Coaching Activity Cards
- ✓ Now/Later Cards



Thank You!

- Huge pat on the back to everyone involved in this special program and “Firecracker” and “Salute” Clap dedicated to all of you!
- Special Thanks to ***Sandy Castillo*** (Region IV) for her assistance and expertise.



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